

Milk Tea Protein Bites

Aromatic milk tea takes center stage in these protein snacks complemented by crunchy U.S. dairy protein crisps. These lovely treats provide a dose of protein with a flavor that lingers after each bite.



Ingredients	Wt (g)
U.S. Whey Protein Isolate (Hydrolysed)*	76
U.S. Dairy Protein Crisps	18
U.S. Skimmed Milk Powder	50
Light corn syrup	63
Vegetable oil	32
Glycerine	28
Instant tea powder	1
Milk tea flavor	1
Vanilla flavor	1
Sucralose (10%)	1.
Beta-carotene powder	0.22
Total	271.22

Preparation

- Gently heat light corn syrup, vegetable oil, glycerine and sucralose solution while stirring continuously until well mixed.
- 2. Remove from heat and add in skimmed milk powder, instant tea powder, flavorings and coloring. Stir continuously until a homogenous paste is formed.
- 3. Transfer the paste into a mixing bowl. Add the whey protein isolate and mix slowly at low speed for 1 min until a homogenous dough is formed.
- Add the dairy protein crisps and mix slowly at low speed for about 15 sec until the crisps are evenly distributed.
- 5. Portion and shape the dough into 8 g per piece in the form of a small ball shape and wrap in candy wrapper.

NUTRITION CONTENT						
Serving size: 4 pieces (8 g per piece)						
	Per Serving		Per 100g			
Energy	110.4	kcal	345.0	kcal		
Protein	11.1	g	34.6	g		
Total Fat	4.1	g	12.9	g		
Saturated Fat	0.6	g	1.8	g		
Trans fat	0	g	0	g		
Cholesterol	2.0	mg	6.0	mg		
Total Carbohydrate	13.4	g	41.8	g		
Sugar	7.5	g	23.3	g		
Dietary Fibre	0	g	0	g		
Sodium	57.3	mg	179.0	mg		
Calcium	87.7	mg	274.0	mg		
Potassium	170.8	mg	533.7	mg		
Iron	0.06	mg	0.2	mg		
Vitamin D	0	μg	0	μg		



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^{*}Check with U.S. suppliers for hydrolysed or other specialty WPI tailored for bar formulations.